Then the Lord said to Moses, “Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.” So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth.” (Exodus 14:26-27)

Opening Hymn TFWS #2268 As We Gather at Your Table

Prayer
Fresh as each morning you come to us,
Crafter of manna.
Your grace rests gently upon us,
waiting to be gathered,
to become the bread of life we share throughout the day.

Fresh as compassion’s justice, you come to us,
Servant of the poor.
Choosing to give as you desire,
you show us the last,
so we can make them first in our hearts and hopes.
Doing no wrong, you make us right with God for all time.

Fresh as the water which turns a desert into a meadowland of flowers, Spirit of uninterrupted grace, you come to us.
When we would grumble, you give us the gospel to live out; when we would protest, you teach us songs of praise;
when we would utter laments,
you fill us with God's laughter.

God in Community, Holy in One,
refresh us with your presence

In Jesus name we pray. Amen.


Scripture Reading

Exodus 16:2-15

2 The whole congregation of the Israelites complained against Moses and Aaron in the wilderness.
3 The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

4 Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

5 On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days."

6 So Moses and Aaron said to all the Israelites, "In the evening you shall know that it was the LORD who brought you out of the land of Egypt,

7 and in the morning you shall see the glory of the LORD, because he has heard your complaining against the LORD. For what are we, that you complain against us?"

8 And Moses said, "When the LORD gives you meat to eat in the evening and your fill of bread in the morning, because the LORD has heard the complaining that you utter against him--what are we? Your complaining is not against us but against the LORD."

9 Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'"

10 And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud.

11 The LORD spoke to Moses and said,

12 "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

13 In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp.

14 When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground.
When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat.

Sermon “Manna, What is it?” 
Rev. Yohan Go

Discussion questions
1. How is it with your soul?

Prayer for family and friends: Share your prayer concerns with your family and pray for people who need your prayer.

Closing Hymn UMH#130 God will Take Care of You

The Lord’s Prayer

OUR FATHER WHO ART IN HEAVEN,
HALLOWED BE THY NAME.
THY KINGDOM COME.
THY WILL BE DONE
ON EARTH AS IT IS IN HEAVEN.
GIVE US THIS DAY OUR DAILY BREAD,
AND FORGIVE US OUR TRESPASSES,
AS WE FORGIVE THOSE WHO TRESPASS AGAINST US,
AND LEAD US NOT INTO TEMPTATION,
BUT DELIVER US FROM EVIL.
FOR THINE IS THE KINGDOM,
AND THE POWER, AND THE GLORY,
FOR EVER AND EVER
AMEN

If you are depressed or worried over coronavirus, you are not alone. If you need pastoral care or simply want to talk with someone, contact pastor Yohan Go Email: koyohan3@hotmail.com Cell: 617-678-9901 or call the church office 401-467-5122.