

THE ASBURY TRUMPETER



The Rev. Dr. Yohan Go, Pastor
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March 2023

Good Enough!



My beloved Asbury family!

We are on our Lenten journey and this year's theme for Lent is "Good enough!" The Asbury Chancel Guild has created a beautiful ladder garden at the altar and narthex. In our success-oriented culture, we are encouraged to climb socioeconomic ladders for success. While we do our best to climb higher, we often miss the blessings in our ordinary lives. Also, we often feel that we are not good enough when we don't meet the expectations of others. It's especially true that we always feel that we are not good enough in the sight of God. We strive to be good and acceptable before God. But the more we try, the more we realize that we are incapable of being good before God. Even Saint Paul felt the same way and lamented, "For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched person that I am! Who will rescue me from this body of death?" (Romans 7:22-24)

However, God is still with us, and that's good enough for us. We are not able to be perfect, but we can still grow and mature in love and faith because of the grace of God. The beginning of this transformation is accepting God's word, saying, "You are good enough." We are good enough because of God with us! "Thanks be to God through Jesus Christ our Lord!" (Romans 7:25) Instead of trying to be perfect in the sight of God and others, see the goodness in you and accept God's affirmation, "You are good enough!" Of course, this doesn't mean that you don't have to do anything and simply be who you are. We can still grow in love and mature in faith. Find one spiritual practice that you are most comfortable with and just do it! Just do it regularly! Kate Bowler wrote, "Regular means a 'rule of life,' but it is simply a regular pattern of activities that becomes more valuable over time because its structure creates a space for good things." (Good Enough, 3) Doing a comfortable spiritual practice REGULARLY is the key. If you forget to do it one day, that's okay. You are still good enough, and you can try again.

I pray that the Spirit of the living God walks with you on your Lenten journey of transformation and helps you experience the joy of being 'good enough!'

Peace,
Your Pastor, Yohan Go



A Message from your Financial Secretary

For those of you who weren't in church when I spoke during pledge month, I told a story about an ad I kept seeing on TV for "Saving the Elephants" through the National Wildlife Foundation. It showed a mother and baby elephant and the mothers were being slaughtered for their tusks and the babies were left as orphans. After seeing it so many times, I finally had Frank write down the 800 phone number so we could pledge \$12.00 a month. That's only \$3.00 a week so I knew we could find it in our budget. I challenged our church members to increase their pledges by \$3.00 a week and said that we would be the first ones to do it. If we could get all 35 pledging units and some of the 10-15 other people who give on a regular basis to do it, that would come to about \$5,000 to \$6,000 a year. A few people took up the challenge and I would like to say Thank You to them.

I wanted to address a few questions that I have received from church members:

What is the best way for me to financially support Asbury? The best way to support our church financially is to contribute either on a weekly or monthly basis consistently. If you can give at the beginning of the month, that would be great because we have a big automatic withdrawal on the 15th of the month which covers our property insurance, workman's compensation insurance and our pastor's health insurance. It also includes our share of the pastor's pension. Then we have another big expense at the end of the month. It's just like you at home; we need a certain amount of cash flow to cover all our expenses.

I give regularly, why do I need to pledge? Pledges help us to determine our yearly budget and we use our pledge totals when we are applying for various grants. It shows a commitment to our church. Just imagine trying to determine your household budget if you had no idea what your income would be. If you make a pledge and you have trouble meeting it, no one will ever contact you to say you are falling behind or bother you about payments.

If you ever have a question about our Church finances, please call me at 808-6829.

Deb Rose, Financial Secretary



EASTER FLOWERS

Please note the early deadline for ordering Easter plants. March 28, Tuesday, I have a scheduled commitment, which is why the deadline is earlier than usual! If you mail your order, I must have it by that Tuesday also.

Thank you for understanding! Becky

*Orders are being taken for Easter Flowers.
The flowers this year will be assorted spring plants.
The cost is \$12.00 per plant and checks are to be made out to "Asbury United Methodist Church" and clearly marked Chancel Guild.*

The deadline for requests is March 28th, even if you are mailing.

All checks and orders should go to
Becky Arnold
80 Massasoit Drive
Warwick, RI 02888
(H)781-2111 ~ (C)935-5906 ~ rsarnoldrn@gmail.com

2023 Easter Flower Order

Name: _____ Tel# _____

Name: _____ Tel# _____

Address _____

Address _____

Email: _____

Email _____

In Honor of: _____

In Honor Of: _____

In Memory of: _____

In Memory of: _____

By (As you wish to be listed) _____

By (As you wish to be listed) _____

No. of plants: _____

No. of plants _____

Check enclosed payable to Asbury or cash: _____

Check enclosed payable to Asbury or cash: _____

Want Plant _____ Do not want Plant _____

Want Plant _____ Do not want Plant _____



Calling All Music Lovers!

Our beloved Asbury choir is looking for dedicated new members to share in the joy of praising through singing and fill the church with beautiful music once again. After a long break due to the pandemic, we are excited to welcome new and returning members to our team.

Our choir loves to sing and wants to use our talents to glorify God, we also love to laugh and have fun while we're doing it. As a member of our choir, you'll have the opportunity to sing uplifting and inspiring songs that will not only touch hearts, but elevate spirits as well. Imagine being part of a group of dedicated individuals who share your passion for music and your faith!

Joining our choir is easy! We will start rehearsing every Sunday morning from 8-9am beginning on February 5th at the church. We welcome singers of all skill levels. Whether you're a seasoned pro or just starting out, we want you to be a part of our charming and fabulous team. Don't miss out on this opportunity to be a part of something truly magical.

Hanna Noh

Music Director, Asbury UMC

857-231-0567





- 3 Linna Buono
- 4 Jim Pratt
- 6 Sue Gibbs
Cary Weigner
- 7 Dixon Disu
Tiffany Lucini
- 8 Olivia Disu
David Dorsey
- 9 Cheryl Anderson
Bob Cameron
- 10 Brooke Arnold
- 12 Christian James Iavarone
- 18 Tyler Perry
- 22 LaDonna Pratt
- 24 Beth Bradbury
Sarah Gibbs
Carolyn Whitney
- 26 Jan Jones
Sharon Kelley

~ Upcoming Events ~


- Wednesday, March 1 Women's Book Study 9:30am
- Sunday, March 5 Worship 9:30am
- Monday, March 6 Pastor's Office Hours 9:30am-12:00pm
- Tuesday, March 7 Pastor's Office Hours 9:30am-12:00pm
- Wednesday, March 8 Women's Book Study 9:30am
- Sunday, March 12 Worship 9:30am
Daylight Savings Time Begins!!
- Monday, March 13 Pastor's Office Hours 9:30am-12:00pm
- Tuesday, March 14 Pastor's Office Hours 9:30am-12:00pm
- Wednesday, March 15 Women's Book Study 9:30am
- Sunday, March 19 Worship 9:30am
- Monday, March 20 Pastor's Office Hours 9:30am-12:00pm
- Tuesday, March 21 Pastor's Office Hours 9:30am-12:00pm
- Wednesday, March 21 Women's Book Study 9:30am
- Sunday, March 26 Worship 9:30am
- Monday, March 27 Pastor's Office Hours 9:30am-12:00pm
- Tuesday, March 28 Pastor's Office Hours 9:30am-12:00pm
Church Council Meeting 7:00pm
- Wednesday, March 29 Women's Book Study 9:30am

HAPPY
Birthday
 FROM YOUR
 CHURCH FAMILY





Recipe Corner




Shrimp Dip from Lou Ann Collier

½ lb. canned medium shrimp, broken up
½ c. mayonnaise
½ c. soup cream
¼ tsp. salt
¼ tsp. Accent
Sm. onion, grated
1/8 tsp. paprika

Directions:

Mix well. Chill several hours before serving.

As found in the 1994 Asbury UMC *Feast of Goodness* cookbook
Image from Google images



Stuffed Mushrooms from Pat McGovern

1 (12 oz.) pkg. mushrooms
¼ red pepper, minced
¼ Spanish onion, minced
¾ sleeve Ritz crackers
½ stick butter
¼ tsp. black pepper

Directions:

Wash mushrooms and remove stems. Melt butter in pan. Add onion, red pepper and black pepper, sauté until tender. Finely crush Ritz crackers and add to butter mixture. Mixture should be moist. Stuff mushroom caps and cook at 350 degrees for 15-20 minutes.

As found in the 1994 Asbury UMC *Feast of Goodness* cookbook
Image from Google images





Asbury Church Directory

it's time! The Asbury UMC Church Directory needs updating.

Please send any corrections, additions and/or deletions for the church directory to our church office administrator Lori Briery at the Asbury email address below:

asburyumcri@gmail.com. Please share any other changes you are aware of as well.

This is quite a task and will require a few drafts and will need two volunteers to proofread the drafts. The sooner Lori hears from all of you, the sooner we can get started!

Thanks so much and see you in church!

Diane Newman-Goins

SPRC Chair



Help us grow

Electronic Giving is a convenient, consistent way to help our church grow.

Consider scheduling a recurring electronic contribution today. It's easy! You will no longer need to write out checks and prepare envelopes every week. Even when travel, illness or other circumstances prevent you from attending services, your electronic contributions will continue to be received on an uninterrupted basis.

Get started today!

Please visit our website and click on the giving link.

<https://www.asburyumcri.org/>

<https://www.asburyumcri.org/giving>





ASBURY BAGS OF CARING

We have assembled our first 25 bags for the Homeless. They are in the Coffee Hour Room and you are free to take one to distribute.

We still need the following items:

- Chapstick
- Protein Bars
- Chex Mix or Trail Mix (individual Packets)
- Peanut Butter Crackers
- Deodorant (travel size)
- Hand Sanitizer (travel size)
- Socks

ALUMINUM CAN TABS

In support of the Shriner's we are saving tabs for use in their fund raising. If you can please save your pull tabs and bring them to church.

There is a box in the coffee room for collection. This has been extremely successful.

Last year we collected 13.5 lbs of tabs and we delivered them to Travelers Woods campground in Bernardston, MA. This is a campground run by the Shriners.

Thank you so much...
Linda and Bob Cameron



The deadline for the April Newsletter is Monday, March 27, 2023. Thank you!



SAVE THE DATE

Asbury is pleased to announce that our annual yard sale date has been scheduled for Saturday, May 20th! More details about the upcoming yard sale will be available soon!



SAVE THE DATE

Christmas Bazaar

Asbury has set the date for our annual bazaar for Saturday, November 4th.

Hungry? Need a FREE meal to get by?

Food For the Soul

A partnership of Faith

Asbury UMC & Lakewood Baptist Church

Working together to feed your soul.

Monthly grab and go meal site located at:

Lakewood Baptist Church

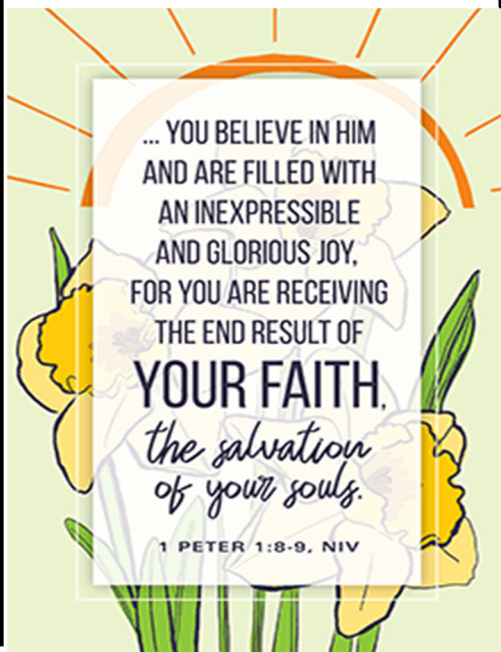
255 Atlantic Ave

Warwick, RI 02888

Scheduled dates to pick up meals are every 3rd Saturday of the month.

Times: 10:30am—12:30pm

Dates: March 18th & April 15th



UPDATE YOUR CONTACT INFO

It's time to update your contact information. If there is anything that you need to change or add, please contact the office or email with your changes.

asburyumcri@gmail.com



Follow the instructions below to create your own palm cross!



Holding a palm strip with the curled edge toward you, fold up the widest end in a loop about 2" long.



Then take the top piece downward until it covers the top of the previous fold, and forms a loop about 2". Place a staple at the intersection.



Bend the thin end of the palm to the right, creating one diagonal line.



Fold the palm behind the cross, forming a loop about 1 1/2" on the left. Secure in the center with another staple.



Continue the fold toward the front of the cross forming a loop 1 1/2" on the left. Secure it with another staple.



Wrap the remainder of the palm over the top-right angle of the cross, bringing it straight across the back and over the top-left angle to the front. Cross it diagonally to the bottom-right corner...



... straight across the back and bring it to the top from the bottom-left corner. Bring it from the bottom-left corner to the top-right corner and to the back again.



Weave the small remaining piece in the back under loops and tie it off. If needed, you can use another staple or a drop of glue.



Add dried flowers or a tiny bow.



Top Ten Things You Can Do On Our Website

Look at all the useful information update weekly on **AsburyUMCRI.org!** Check it out!

- 1) Check for worship schedule, COVID and weather status
- 2) Refer to each Sunday's bulletin and announcements (back to 2020)
- 3) Read historical sermon transcripts (back to 2019)
- 4) Refer to monthly newsletters (back to 2019)
- 5) Click to access our secure online financial giving site (set up one-time or recurring pledges/gifts, see your online giving history)
- 6) See information about major events at the Church
- 7) Find free food resources in the area when in need
- 8) See our Pastor's biography
- 9) Look at our gallery of pictures (work in progress- send Tim W. or the office pictures you'd like added)
- 10) Contact the Pastor or Staff via secure message

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