

THE ASBURY TRUMPETER



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May 2023

The Sabbath Practice



Memorial Day is about a month away, and it marks the unofficial start to the summer season. I bet many of you have already planned your summer vacation since we feel that everything is getting back to normal. As we prepare for the vacation season, I hope you will think about the meaning of Sabbath.

When I first started my ministry in Korea, my father, a pastor, gave me advice: "Relax. Ministry is like a marathon rather than sprints." This was the most valuable advice I have ever received for my pastoral ministry. I tried to teach Juhee this wisdom, but as you know, a husband cannot teach a wife. Juhee is like an energizer bunny, so she was busy with everything and running everywhere. So my task was to slow her down. We agreed to intentionally practice Sabbath. On Fridays, we went to Rocky Point State Park and walked around the park for an hour. That was good enough to refresh ourselves.

Keeping the Sabbath is important, not because it increases the effectiveness of work, but because it is our authentic call from God. In Exodus 20, God speaks to the Israelites: "Remember the Sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a Sabbath to the Lord your God; you shall not do any work" (8-10). This is God's gift to the Israelites who did not have a Sabbath at all while they were slaves in Egypt. Sabbath observance reminds Israelites of God's gift of liberation from Egyptian oppression. Dr. Clair Wolfteich wrote, "Sabbath represents freedom and justice for all creation, recognition of the dignity of all created beings" (Sabbath in the City, 41). We need to rest well, pausing from all forms of work while remembering God's creation and liberation.

As you prepare for the summer season, take some time to reflect on the Sabbath practices you would like to incorporate into your routine and how you will keep the Sabbath holy. Remember that worship is the best traditional practice to keep the Sabbath holy. While summer is a time for relaxation, it is not a time to take a break from church, but rather a time for a Sabbath from work and stress. I pray that you find the strength to slow down, take a deep breath, and be still in God's presence, whether you are staying close to home or traveling to new places. May God bless you abundantly and fill your soul with His peace and joy.

Peace,
Pastor Yohan Go



Dear Asbury Church Choir Members and Music Enthusiasts

We are excited to bring you the latest news and updates from our beloved Asbury Church Choir! Our dedicated choir has been working tirelessly since February to share the gift of song, and we were thrilled to reunite and glorify God again during last week's worship service. Here's what's happening in the choir this month:



Weekly Choir Practice:

Please remember that our choir practices are held every Wednesday from 7-9 PM and Sunday morning from 8-9 AM at Asbury Church. We encourage all members to attend regularly and punctually, as your commitment contributes to beautiful harmonies and an inspiring worship experience.



Welcoming New Members:

We feel incredibly blessed to welcome new members into our choir family. If you or someone you know has a passion for music and wishes to serve the Lord through song, please join us during our practice hours or contact our music director to learn more. New members of all ages and skill levels are always welcome!



Asbury Music Director:

As the Asbury Music Director, I am honored and privileged to guide our choir in fostering an uplifting and spiritual atmosphere for our congregation. If you have any questions or concerns, please do not hesitate to reach out to me. I am always here to provide guidance and support.



Prayer Requests and Support:

As we continue to cultivate and nurture our choir community, we encourage everyone to keep each other in their prayers. If you have any prayer requests or need support, please feel free to share them with us. We are here for you, and together, we can uplift one another.

Thank you for your dedication to the Asbury Church Choir. May the Lord continue to bless our ministry and guide us in our mission to spread His love through music.

Sincerely,

Hanna Noh
Music Director, Asbury UMC
857-231-0567

Asbury Bags of Caring Update

We have assembled 15 more bags, which makes a total of 60 bags, 42 of which have already been distributed.



A short story to share:

Last week Lori, our Office Administrator, saw a young woman named Ashley in a Jeep Cherokee near our garage. She appeared to be having a panic attack. Lori went outside to see if she was ok and to assess the situation. Turns out Ashley was homeless and her best friend had died the previous evening. Lori talked with her and gave her one of our care bags and a prayer bear. She also gave her some deodorant and slippers that were in the box outside her office. She let her wash up in our bathroom and then Ashley stayed in the parking lot until Lori left. This was a very brave and generous thing to do. Who knows how much Lori's words of comfort helped Ashley. At least she knew somebody cared.

We never know how one of our small bags will impact someone we meet. We plan to continue this ministry throughout the summer months. The following items are needed at this time.

Travel toothbrush and toothpaste kits
Travel size deodorant
Protein bars
Travel size tissue
One more case of water
Protein kits (chicken or tuna - available at Dollar Tree)

Right now we have enough hand sanitizer, lip balm and peanut butter crackers.

We would also like to say a special thanks to Linda Cameron. When we ran out of cards to include in the bags, she stepped up and has been writing more cards for us.

We would also like to thank everyone who has participated in this ministry.

Korean UMC has also been distributing their own Bags of Caring.

When everyone does a little bit, it turns into a whole lot!!!!

Deb Rose and the Wednesday morning Book Club



A Note from the Asbury UMC Scholarship Committee

For a number of years the people of Asbury have had the pleasure of presenting scholarships to young people from our church who were planning to continue their education beyond high school. This year is no different.

If you are a high school senior with plans to continue your education after you've graduated from high school and have been an active church member, you are invited and encouraged to apply for this assistance.

We ask that you send us an essay regarding your faith life at Asbury and a brief summary of your school and church activities including any offices or honors you would like to mention.

Kindly provide that information to the Church Office **no later than Sunday, May 21, 2023.**

For those who would like to help replenish the scholarship fund, checks made out to Asbury United Methodist Church with the notation "Scholarship Fund" would be gratefully accepted.

Many thanks,

Beth Bradbury, Diane Newman-Goins, Jan Jones, Joyce Moore & Ginny Peterson

Father's Day is June 18th !!

Donna and Jill Rowe of the Chancel Guild will be collecting names of the special man in your lives, from now until June 11th. Each name costs \$1.00. Please mark anyone who is deceased with an asterisk *.

A special floral arrangement will be on the altar to show this love.

email - rowejill96@gmail

Jill Cell: 401-408-5258



- 1 Diane Newman-Goins
- 2 Linda Lucini
- 4 Linda Mills
Benjamin McGovern
- 6 Penny Rowan
- 8 Lee Arnold
Ginny Peterson
- 10 Brian McGovern
Greg Rowe
- 11 Deb Drury
- 12 Marian Styles-McClintock
- 13 Danielle Lucini
- 15 David Humphrey
- 19 Lisa Keene
- 20 Chuck Main
- 22 Nancy Rowell
- 23 Nancy Alexander
- 24 Karoline Reese Heller
Dylan Christopher Heller
James Mason Heller
- 26 Deb Rose
- 28 Cindy Ford
Kurt Hanke

~ May Upcoming Events ~

- 1 Pastor's Office Hours 9:30am-12:00pm
- 2 Pastor's Office Hours 9:30am-12:00pm
- 3 Women's Book Study 9:30am
- 4 Worship 9:30am
- 5 Pastor's Office Hours 9:30am-12:00pm
- 6 Pastor's Office Hours 9:30am-12:00pm
- 7 Women's Book Study 9:30am
- 14 Worship - Mother's Day 9:30am
- 15 Pastor's Office Hours 9:30am-12:00pm
- 16 Pastor's Office Hours 9:30am-12:00pm
Finance Meeting 7:00pm
- 17 Women's Book Study 9:30am
- 20 Asbury's Yard Sale 9:00am-2:00pm
- 21 Worship 9:30am
- 22 Pastor's Office Hours 9:30am-12:00pm
- 23 Pastor's Office Hours 9:30am-12:00pm
- 24 Women's Book Study 9:30am
- 28 Worship 9:30am
- 29 Memorial Day-Office Closed
- 30 Pastor's Office Hours 9:30am-12:00pm
- 31 Women's Book Study 9:30am





Mother's Day is May 14th

Once again the Chancel Guild will be collecting names for

each lady that has been special to you in your life. A special arrangement will be on the altar to show this love. The cost is \$1.00 per name. Please mark anyone that is deceased with an asterisk*.

Please contact Shirley Keene (401) 419-8628 or Michelle Dorsey (401) 378-3912 with the names. The cutoff date to submit names will be Sunday, May 7, 2023.

Please feel free to call me with any questions 401-419-8628

Thank you,
Shirley

Help us grow

Electronic Giving is a convenient, consistent way to help our church grow.

Consider scheduling a recurring electronic contribution today. It's easy! You will no longer need to write out checks and prepare envelopes every week. Even when travel, illness or other circumstances prevent you from attending services, your electronic contributions will continue to be received on an uninterrupted basis.

Get started today!

Please visit our website and click on the giving link.

<https://www.asburyumcri.org/>
<https://www.asburyumcri.org/giving>





The deadline for the June Newsletter is Thursday, May 25, 2023. Thank you!

Call for Achievements

Education Sunday is June 11th during worship service. If you have anyone you would like recognized for academic or other achievements including honors, distinctions or awards, please email the name(s) and a brief description to Lori at asburyumcri@gmail.com by _____ . The honorees and their achievements will be listed in an insert in the Education Sunday bulletin.

Thank you!



Gaspee Days parking fundraiser interest meeting is Sunday, May 7th after church.



SAVE THE DATE
Asbury is pleased to announce that our annual yard sale date has been scheduled for Saturday, May 20th! More details about the upcoming yard sale will be available soon!

Hungry? Need a FREE meal to get by?
Food For the Soul
A partnership of Faith
Asbury UMC & Lakewood Baptist Church
Working together to feed your soul.
Monthly grab and go meal site located at:
Lakewood Baptist Church
255 Atlantic Ave
Warwick, RI 02888
Scheduled date to pick up meals are every 3rd Saturday of the month.
Times: 10:30am—12:30pm
Date: May 20th

VOLUNTEERS ARE NEEDED FOR SETUP FOR OUR YARDSALE
ANDREA 401-207-8017

SAVE THE DATE
Christmas Bazaar
Asbury has set the date for our annual bazaar for Saturday, November 4th.



Thank you!
Thank you for the beautiful plants and thoughtful little gifts for Administrative Professional Day!
I would also like to thank Becky, Dianne and Diane Newman-Goins for helping to edit, compile and get our phone directory updated!!
Thank you, Thank you!
Lori Brierly

Rheumatoid Arthritis Walk for a Cure is June 4th at Roger Williams park.
Contact - Andrea 401-207-8017 by May 15th if interested.
Team RA Wyld Chylds



Recipe Corner



May Breakfast or Brunch Recipes

Baked French Toast

from Beth Bradbury

Ingredients

1 loaf cinnamon swirl bread
¾ cup dried cranberries or raisins
6 eggs
3 cups half and half or milk
2 teaspoons vanilla
cinnamon sugar
whipped butter
maple syrup

Directions

1. Cube bread, place in greased 3 quart shallow baking dish and mix in cranberries or raisins
2. Mix eggs, milk, vanilla and pour over bread and fruit mixture, cover and refrigerate overnight
3. Bake uncovered at 350° for 45 minutes (until set in center)

Sprinkle with cinnamon and serve with butter and syrup

Recipe found in the 75th Anniversary Asbury UMC Celebrating Food and Friendship 2005 Cookbook



Oven Omelette

from Linda Mills

Ingredients

¼ cup melted butter
18 eggs
1-cup sour cream
1-cup milk
2 teaspoons salt
¼ cup chopped green onion

Instructions

1. Mix all ingredients together

Bake in a greased 13x9" pan at 325° for 35 minutes

Optional additions: Canadian bacon, cheese, potatoes, tomatoes, sausage

Recipe found in the 75th Anniversary Asbury UMC Celebrating Food and Friendship 2005 Cookbook



Memorial Day Plants

On Memorial Day Sunday, May 28th, the altar will be decorated

With red and white geraniums. If you wish to order,

Please speak to Becky Arnold 781-2111 or 935-5906

Or complete the form below.

The cost is \$13.00 for 2 plants and checks are to be

made out to "Asbury United Methodist Church"

and clearly marked Chancel Guild.

The deadline for requests is May 18, 2023

All checks and orders should go to:

Becky Arnold

80 Massasoit Drive

Warwick, RI 02888

~ rsarnoldrn@gmail.com ~

Plant Order

Name: _____ Tel# _____

Address _____

Email: _____

In Honor of: _____

In Memory of: _____

By (As you wish to be listed) _____

No. of plants: _____

Check enclosed payable to Asbury or
cash: _____

Want Plants _____ Do not want Plants _____

BOOK

Exercises at the Laying of the Corner-Stone of the Asbury Methodist Episcopal Church, Providence, R.I., Monday, November 1, 1886.

Description

Includes historical sketch.

Author and Contributors

Asbury Methodist Episcopal Church, Providence, (R.I.).

Date Published

1886

Subject(s)

Asbury Methodist Episcopal Church, Providence (R.I.) | Providence (R.I.) – Church history. | Providence (R.I.) – History.

Publisher

Providence Press Company

Place Of Publication

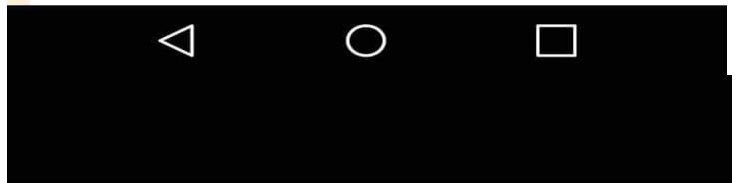
Providence, R.I.

Holdings

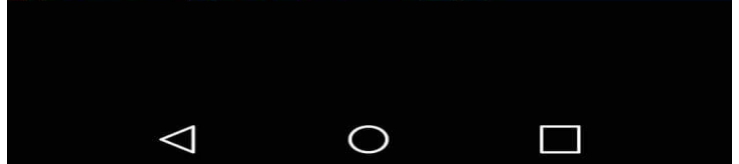
Rhode Island Historical Society

Physical Description

45p.



This item is available at the RIHS Robinson Research Center.





Top Ten Things You Can Do On Our Website

Look at all the useful information update weekly on **AsburyUMCRI.org!** Check it out!

- 1) Check for worship schedule, COVID and weather status
- 2) Refer to each Sunday's bulletin and announcements (back to 2020)
- 3) Read historical sermon transcripts (back to 2019)
- 4) Refer to monthly newsletters (back to 2019)
- 5) Click to access our secure online financial giving site (set up one-time or recurring pledges/gifts, see your online giving history)
- 6) See information about major events at the Church
- 7) Find free food resources in the area when in need
- 8) See our Pastor's biography
- 9) Look at our gallery of pictures (work in progress- send Tim W. or the office pictures you'd like added)
- 10) Contact the Pastor or Staff via secure message

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